

TIMBERLINE MOUNTAIN GUIDES
EQUIPMENT LIST FOR ALPINE HIKES:

Please make sure you bring all the items on the equipment list. We have selected these items with great care to give everyone the best chance of staying dry and warm. The weather can be stormy at any time of year. Please call us if you have any questions: 541-312-9242

CLOTHING:

Light or medium weight long underwear top – polypropylene or capilene
Light or medium weight long underwear bottom – polypropylene or capilene
T-shirt
Fleece jacket or wool sweater
Waterproof/breathable (Gore-tex or equivalent) pants or bibs
Waterproof/breathable (Gore-tex or equivalent) shell jacket with hood
Shorts
Heavy Fleece or Wool Hat
Sun Visor or Ball Cap
1 pair medium weight gloves (fleece or rag wool work well)

PERSONAL GEAR:

2 1 liter bottles
Sun block & lip crème (SPF 15 or more)
Toilet paper
Sunglasses
Day pack (approx 3,000 cu. in.)
Headlamp with fresh batteries and spare bulb (needed for all climbs)
Lunch and Snacks for the day
Ski/Trekking poles (optional/recommended)
Hiking boots